

# NOVEMBER 2018 (last updated Nov 10<sup>th</sup>, 2018)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sectionals 1 5:00-5:45 PM Jr/JD Off Ice 6:00-7:15 PM JD NBA 6:00-7:15 PM Jr NBA 7:15-8:30 PM Sr NBA	Sectionals 2 6:30-7:15 AM Sr Jump/Spin RRFS 7:15-8:00 AM Sr Ballet/Flex RRFS 6:30-7:15 AM Jr Ballet/Flex RRFS 7:15-8:00 AM Jr Jump/Spin RRFS 1:00-3:00 PM Jr/Sr FDB 6:00-7:30PM Jr/Sr NBA	Sectionals 3 1:30-2:15 PM Sr Off Ice 2:30-4:30 PM Sr NBA
Sectionals 4 9:30-10:15 AM Jr Off Ice 10:30-11:30 AM Jr FDB 11:30-1:30 PM Sr FDB 1:45-2:30 PM Sr Off Ice 4:00-4:30 PM JD Off Ice RRFS 4:45-6:00 PM JD RRA	5 6:30-8:00 AM Jr/Sr FDB	6 6:30-7:45 PM Jr/Sr NBA	7 6:30-8:00 AM Jr/Sr Crowchild	8 5:00-5:45 PM Jr/JD Off Ice 6:00-7:15 PM JD NBA 6:00-7:15 PM Jr NBA 7:15-8:30 PM Sr NBA	9 6:30-7:15 AM Sr Jump/Spin RRFS 7:15-8:00 AM Sr Ballet/Flex RRFS 6:30-7:15 AM Jr Ballet/Flex RRFS 7:15-8:00 AM Jr Jump/Spin RRFS 1:00-2:45 PM Jr/Sr FDB 6:00-7:30PM Jr/Sr NBA	10 1:30-2:15 PM Sr Off Ice 2:30-4:30 PM Sr NBA
Remembrance Day 11 No Ice	12 6:30-8:00 AM Jr/Sr FDB	13 6:30-7:45 PM Jr/Sr NBA	14 6:30-8:00 AM Jr/Sr Crowchild	15 5:00-5:45 PM Jr/JD Off Ice 6:00-7:15 PM JD NBA 6:00-7:15 PM Jr NBA 7:15-8:30 PM Sr NBA	16 6:30-7:15 AM Sr Jump/Spin RRFS 7:15-8:00 AM Sr Ballet/Flex RRFS 6:30-7:15 AM Jr Ballet/Flex RRFS 7:15-8:00 AM Jr Jump/Spin RRFS 1:00-2:30 PM Jr/Sr FDB 6:00-7:30PM Jr/Sr NBA	17 1:30-2:15 PM Sr Off Ice 2:30-4:30 PM Sr NBA
18 8:00-9:00 AM Jr OO North Rink 9:15-10:00 AM Jr OO Sprint Pad Off Ice 12:45-1:30 PM Sr OO Sprint Pad Off Ice 1:45-3:30 PM OO South Rink 4:00-4:30 PM JD Off Ice RRFS 4:45-6:00 PM JD RRA	19 6:30-8:00 AM Jr/Sr FDB	20 6:30-7:45 PM Jr/Sr FDB	21 6:30-8:00 AM Jr/Sr Crowchild	22 5:00-5:45 PM Jr/JD Off Ice 6:00-7:15 PM JD NBA 6:00-7:15 PM Jr NBA 7:15-8:30 PM Sr NBA	23 6:30-7:15 AM Sr Jump/Spin RRFS 7:15-8:00 AM Sr Ballet/Flex RRFS 6:30-7:15 AM Jr Ballet/Flex RRFS 7:15-8:00 AM Jr Jump/Spin RRFS 1:00-3:00 PM Jr/Sr FDB 6:00-7:30PM Jr/Sr NBA	24 1:30-2:15 PM Sr Off Ice 2:30-4:30 PM Sr NBA
25 8:00-9:00 AM Jr OO North Rink 9:15-10:00 AM OO Jr Sprint Pad Off Ice 10:30-11:45 AM Sr Westside Rec 11:45 AM -12:30 PM Sr Off Ice Westside Rec 4:00-4:30 PM JD Off Ice RRFS 4:45-6:00 PM JD RRA	26 6:30-8:00 AM Jr/Sr FDB	27 6:30-7:45 PM Jr/Sr NBA	28 6:30-8:00 AM Jr/Sr Crowchild	Challenge 29 5:00-5:45 PM Jr/JD Off Ice 6:00-7:15 PM JD NBA 6:00-7:15 PM Jr NBA 7:15-8:30 PM Sr NBA	Challenge 30 6:30-7:15 AM Sr Jump/Spin RRFS 7:15-8:00 AM Sr Ballet/Flex RRFS 6:30-7:15 AM Jr Ballet/Flex RRFS 7:15-8:00 AM Jr Jump/Spin RRFS 1:00-2:45 PM Jr/Sr FDB 6:00-7:30PM Jr/Sr NBA	

**FDB/NBA:** Father David Bauer/Norma Bush Arena

**RRA:** Rocky Ridge YMCA Enerplus Arena, **RRFS:** Rocky Ridge YMCA Fitness Studio

**MBC:** Max Bell Center

**Crowfoot:** Crowfoot Arena

**Shouldice:** Shouldice Arena

**Crowchild:** Crowchild Arena

**OO:** Olympic Oval North Rink and Sprint Pad

**Westside Rec.:** Westside Recreation Centre